

Madison City Schools
MIDDLE SCHOOL LUNCH MENU
FEBRUARY 2019

Jan 24, 2019

Vegetarian Entree, Salads, and Sandwiches Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 28 Chicken Nuggets Mozz Cheese Sticks Pizza, stuff-crst cheese Buffalo Chicken Pizza PB & J Sandwich Ham & Cheese Sand. Fruit & Yogurt Parfait Chef Salad, vegetarian Hummus & Pretzel Dipper - Seasoned Rice Buttered Carrots Whole Grain Roll Tossed Garden Salad Broccoli Florets Pineapple Chunks Fresh Banana Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines Cookie	Jan - 29 Fajita Chicken w/ cheese Chicken Chili Crisпитos Pizza, stuff-crst cheese Pizza, stuff-crst pepp. PB & J Sandwich Ham & Cheese Sand. Fruit & Yogurt Parfait Chef Salad, vegetarian Hummus & Pretzel Dipper - Seasoned Rice Lettuce & Tomato Chili Beans Buttered Corn Sliced Peaches Fresh Apple Slices Milk, 1% Chocolate Milk, 1% plain Salsa Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines Pudding Cup	Jan - 30 Italian Meatballs Pizza, stuff-crst cheese Pizza, stuff-crst pepp. PB & J Sandwich Chicken Ranch Wrap Fruit & Yogurt Parfait Chef Salad, vegetarian Hummus & Pretzel Dipper - Noodles w/ red sauce Italian Mixed Vegetables Tossed Garden Salad Whole Grain Roll Pear Slices Fresh Orange Slices Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Parmesan Cheese Mini Saltines	Jan - 31 Turkey & Cheese Sandwich Corn Dog Pizza, stuff-crst cheese Buffalo Chicken Pizza PB & J Sandwich Fruit & Yogurt Parfait Chef Salad, vegetarian Hummus & Pretzel Dipper - Vegetable Soup (V) Potato Rounds Broccoli Florets Pineapple Chunks Fresh Banana Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Feb - 1 BBQ Pork Sandwich Cod Nuggets Seasoned Baked Tilapia Pizza, stuff-crst cheese Pizza, Mexican Fiestada PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Sweet Potato Fries Baked Beans Creamy Coleslaw Tossed Garden Salad Hushpuppies Fresh Veggies w/ dip Mixed Berry Cup Fresh Orange Slices Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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Feb - 4 Breaded Chicken Sandwich Grilled Chicken Sandwich Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Potato Rounds Green Beans Baked Beans Lettuce & Tomato Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Feb - 5 Breaded Country Steak Pepperoni Hot Pocket Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mashed Potatoes w/ gravy Pinto Beans Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Marinara Sauce Assorted Salad Dressings Mini Saltines Pudding Cup	Feb - 6 All Beef Hamburger Morning Star Burger Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Lettuce & Tomato Creamy Coleslaw Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Feb - 7 Cheesy Pasta Bake Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mixed Vegetables Whole Grain Roll Tossed Garden Salad Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines Cookie	Feb - 8 Grilled Cheese Sandwich Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Homemade Chili Steamed Broccoli Hushpuppies Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines

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Feb - 11	Feb - 12	Feb - 13	Feb - 14	Feb - 15
Mozz Cheese Sticks Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Buttered Carrots Tossed Garden Salad Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines Cookie	Nachos Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Seasoned Rice Lettuce & Tomato Pinto Beans Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Salsa Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines Pudding Cup	Crispy Chicken Wings Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Green Beans Tossed Garden Salad Fresh Veggies w/ dip Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Variety of Sandwiches Corn Dog Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Cup of Soup Potato Rounds Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	HALF DAY OF SCHOOL Sack Lunch Upon Request Deli Sandwich w/ chips Baby Carrots Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Fruit Roll-Up

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 18 WEATHER MAKE-UP DAY SCHOOL CLOSED	Feb - 19 Breaded Country Steak Pepperoni Hot Pocket Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mashed Potatoes w/ gravy Pinto Beans Whole Grain Roll Lettuce & Tomato Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Marinara Sauce Assorted Salad Dressings Mini Saltines Pudding Cup	Feb - 20 All Beef Hamburger Morning Star Burger Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Lettuce & Tomato Creamy Coleslaw Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Feb - 21 Cheesy Pasta Bake Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mixed Vegetables Whole Grain Roll Tossed Garden Salad Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines Cookie	Feb - 22 Grilled Cheese Sandwich Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Homemade Chili Steamed Broccoli Creamy Coleslaw Hushpuppies Lettuce & Tomato Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines

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Feb - 25	Feb - 26	Feb - 27	Feb - 28	Mar - 1
Mozz Cheese Sticks Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Buttered Carrots Tossed Garden Salad Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines Cookie	Nachos Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Seasoned Rice Lettuce & Tomato Pinto Beans Buttered Corn Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Salsa Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines Pudding Cup	Crispy Chicken Wings Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Green Beans Tossed Garden Salad Fresh Veggies w/ dip Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Parmesan Cheese Mini Saltines	Variety of Sandwiches Corn Dog Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Cup of Soup Potato Rounds Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	HALF DAY OF SCHOOL Sack Lunch Upon Request Deli Sandwich w/ chips Baby Carrots Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Fruit Roll-Up

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity employer.

All fish served is of US origin

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