

Madison City Schools
MIDDLE SCHOOL LUNCH MENU
MARCH 2019

Feb 20, 2019

Vegetarian Entree, Salads, and Sandwiches Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 4 Breaded Chicken Sandwich Grilled Chicken Sandwich Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Potato Rounds Steamed Broccoli Baked Beans Lettuce & Tomato Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Mar - 5 Breaded Country Steak Pepperoni Hot Pocket Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mashed Potatoes w/ gravy Green Beans Buttered Carrots Fresh Veggies w/ dip Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Mini Saltines Peach Crisp	Mar - 6 Hamburger/Cheeseburger Morning Star Burger Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Lettuce & Tomato Mixed Vegetables Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Mar - 7 BREAKFAST FOR LUNCH Egg, Scrambled cook n bag Sausage Patty Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Pancakes w/ syrup Hash Brown Potatoes Tossed Garden Salad Fresh Veggies w/ dip Fruit and/or Juice Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Assorted Salad Dressings Mini Saltines	Mar - 8 Chicken Quesadilla Cheese Quesadilla Cod Nuggets Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Seasoned Rice Buttered Corn Pinto Beans Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Salsa Taco Sauce/Sour Cream Mini Saltines

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar - 11 Chicken Nuggets Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mashed Potatoes w/ gravy Buttered Carrots Tossed Garden Salad Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Dipping Sauce Assorted Salad Dressings Mini Saltines	Mar - 12 Nachos Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Seasoned Rice Lettuce & Tomato Pinto Beans Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Salsa Taco Sauce/Sour Cream Mini Saltines Pudding Cup	Mar - 13 Crispy Chicken Wings Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Green Beans Tossed Garden Salad Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup Packets Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Mar - 14 Sandwich Bar Corn Dog Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Cup of Soup Potato Rounds Steamed Broccoli Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Mini Saltines Cookie	Mar - 15 BBQ Pork Sandwich Cod Nuggets Pizza, stuff-crst cheese Pizza, Mexican Fiestada PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Sweet Potato Fries Baked Beans Buttered Corn Hushpuppies Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup & Mustard Mini Saltines
Mar - 18 SPRING BREAK SCHOOL CLOSED	Mar - 19 SPRING BREAK SCHOOL CLOSED	Mar - 20 SPRING BREAK SCHOOL CLOSED	Mar - 21 SPRING BREAK SCHOOL CLOSED	Mar - 22 SPRING BREAK SCHOOL CLOSED

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Mar - 25	Mar - 26	Mar - 27	Mar - 28	Mar - 29
Breaded Chicken Sandwich Grilled Chicken Sandwich Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Potato Rounds Baked Beans Lettuce & Tomato Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Breaded Country Steak Pepperoni Hot Pocket Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Mashed Potatoes w/ gravy Green Beans Fresh Veggies w/ dip Whole Grain Roll Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Mini Saltines Peach Crisp	Hamburger/Cheeseburger Morning Star Burger Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - French Fries Lettuce & Tomato Mixed Vegetables Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Ketchup/Mustard/Mayo Variety of Dips/Sauces Assorted Salad Dressings Mini Saltines	Mozz Cheese Sticks Pizza Bar PB & J Sandwich Variety of Sandwiches Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Steamed Broccoli Buttered Corn Tossed Garden Salad Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Marinara Sauce Assorted Salad Dressings Mini Saltines Cookie	Chicken Quesadilla Cheese Quesadilla Cod Nuggets Pizza Bar PB & J Sandwich Fruit & Yogurt Parfait Variety of Salads Hummus & Pretzel Dipper - Seasoned Rice Pinto Beans Fresh Veggies w/ dip Assorted Fruit Milk, 1% Chocolate Milk, 1% plain Salsa Taco Sauce/Sour Cream Mini Saltines

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity employer.

All fish served is of US origin

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